

















# General Herkimer Elementary

## Alicia D'Ambrosio, Principal

Main Office 792-2160    Nurse 368-6602    Bus Garage 792-2212  
 Birnie Bus 797-4933    Central Kitchen 792-2250

**MARCH 2019**

### MARCH

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bronx Zoo Field Trip for 6<sup>th</sup> Graders</b>  Please be aware that the money is due for the field trip. There will be two more opportunities to fund raise to offset the cost of the field trip. Money is DUE by March 15 <sup>th</sup> . Please check with your child's teacher regarding any questions you may have.					<b>1</b>  Spring Picture Day  Tomato Pie Sale \$1.00
<b>Scholastic Book Fair-PAWS</b> Book Fair will be the week of March 4 <sup>th</sup> . This is a great time to purchase books and support GH!	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>  Ice Cream Sale \$1.00
<b>Autism Awareness Walk</b>   Mrs. Karas will be having an Autism Raffle to raise money for Autism Awareness. Raffle items are: a 4 foot stuffed sloth with Autism Scarf, Treasure Chest with Lottery Scratch Offs, and Family Fun Box.   Raffle ticket sale begins on Monday, February 28 <sup>th</sup> . Raffle will take place on April 2 <sup>nd</sup> .   Popcorn Sale is on Wednesday, March 13 <sup>th</sup> . Tickets and popcorn are \$1.00.   There will be chocolates and other items on sale for \$1.00.   100% of your donation will go to the Kelberman Center to benefit services for children and adults with Autism.   Last year, due to your donations Mrs. Karas Team was the top donators at the Autism Walk!!!	<b>11</b>  Milestones Graduation Portraits for Kindergarten and Sixth Grade	<b>12</b>	<b>13</b>  Popcorn Sale \$1.00	<b>14</b>	<b>15</b> Wear Green  ½ Day Parent Teacher Conference
	<b>18</b>	<b>19</b>	<b>20</b> ENL Parent Meeting	<b>21</b>	<b>22</b>  Ice Cream Sale \$1.00
	<b>25</b>	<b>26</b> PBIS Assembly K-3 10:00AM 4-6 2:00 PM <i>Curiosity</i>	<b>27</b>  Penny Auction Doors Open at 5:00, Auction begins at 6:00	<b>28</b>	<b>29</b>  Tomato Pie Sale \$1.00

#### April Upcoming Dates:

- No School the week of April 12<sup>th</sup>-April 22<sup>nd</sup>

#### NYS TESTING 3<sup>rd</sup>-6<sup>th</sup> GRADE

ELA: APRIL 2<sup>nd</sup> and 3<sup>rd</sup>  
 MATH: MAY 1<sup>st</sup> and 2<sup>nd</sup>

#### General Herkimer PTO 4<sup>th</sup> Annual Penny Auction-Wednesday, March 27<sup>th</sup>



- Purchase 100 tickets per bag for \$1.00
- Items are NEW to slightly used
- 50/50
- Chinese Auction for small appliances and gift cards



School Social Worker Scene- Our word/theme of the month is “curiosity” and March is Autism Awareness month. Many of us are curious on how to be a good friend to a person with Autism Spectrum Disorder (ASD). Here are some tips that may help:

**Be direct:** Social cues can often be difficult for people with ASP. Yelling, “Hi Buddy!” may startle a person with ASD and you may hear, “my name’s not Buddy”. When talking to people with ASD, try to say what you mean and be straightforward.

**Be specific in your communication. Avoid open-ended questions:** It is important to realize that for many people with ASD, a question like “What do you want to play?” can be over-whelming, because there are just so many possibilities. Maybe you are going to the park, playing with dolls or cars. Instead ask specifically, “Do you want to color these pictures with me?”

**Don’t judge physical behaviors. You may realize you do similar things:** Many people with ASD make repetitive movements called self-stimulatory behaviors, such as flapping their arms or tapping things. (also known as stimming). These behaviors are a way to handle emotions and keep calm. While these movements might seem different to you, everyone exhibits self-stimulatory behaviors that help them deal with stress. Do you ever bite your nails, twirl your hair, or tap your foot? Those are forms of stimming, and ways you may handle your emotions.

**Enjoy and appreciate their talents:** Kids with ASD also have amazing talents. Some kids are whizzes at reading and can help you hone your reading skills. Some are good at sports and video games, just like you.

**Get past the disability and make a friend:** Having an ASD is not who a person is, it is just something he/she has. So don’t let ASD define a person. Get to know who the person is on the inside. He/she just might be someone you make a real connection to and with whom to forge a friendship.

# Vision

**B**ecome lifelong learners

**E**nsure personal best character at home and in school

**A**pproach learning opportunities with positive attitudes

**R**emain respectful and responsible citizens

**P**artner with all stakeholders to encourage success

**A**mbitiously pursue academic growth

**W**ork towards proficiency in all academic areas

**S**trive to be safe and peaceful contributors to society

Every month we will be focusing on one aspect of General Herkimer's Vision Statement.

This month the focus will be:

## **Approach learning opportunities with positive attitudes**

What does this look like: Being a successful learner starts with having a positive attitude towards learning. A positive attitude lets you relax, remember, focus, and absorb information as you learn. You're ready to welcome new experiences and recognize many different kinds of learning opportunities. And when you can see opportunities, hope increases.

What are some examples: Put a check mark next to the statements that are true for you and/or your child:

\_\_\_\_\_ I believe life-long will help me achieve my goals.

\_\_\_\_\_ I'm willing to make mistakes and learn from them.

\_\_\_\_\_ I'm aware that learning opportunities are all around me.

\_\_\_\_\_ I take charge of my own learning. I use every opportunity I have to learn something new.

**Life skills focus: Flexibility:** to be willing to alter plans when necessary.

- Taken from Susan Kovalik LIFESKILLS

**Life skills focus: curiosity**

- Taken from Susan Kovalik LIFESKILLS