## UTICA CITY SCHOOL DISTRICT



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Michael M. Ferraro

Director of Support Services

TO: Utica City School District Students & Families

FROM: Utica City School District Food Service Department

DATE: September 2022

RE: National School Breakfast and Lunch Program for the 2022-2023 School Year

Dear Parents and Guardians,

Our department is looking forward to the 2022-2023 school year! Breakfast and lunch services will resume as usual for both elementary and secondary schools as students will be going through the lunch line.

All breakfast and lunch menu items will continue follow the USDA Federal guidelines that state we are to offer five meal components – grains (half of which must be whole grain), meat/meat alternate, fruits, vegetables and milk. Of these five components, students must choose at least three, one of which must be a fruit or vegetable. All menus are available on our school website under the Food Service Department tab.

Aside from other districts in the area, Utica City Schools are a part of the CEP (Community Eligibility Provision) of New York State's Department of Education. Under this provision, all students will continue to receive a reimbursable breakfast and lunch free of charge.

If you have any questions or concerns, please reach out to Michael Ferraro, Food Service Director or Hayley Mielnicki, District Registered Dietitian.

Sincerely,

Michael M. Ferraro Director of Support Services