

**BREAKFAST**

TWO CHOICES DAILY - TAKE ALL ITEMS IN ANY SINGLE COLUMN

Monday, Wednesday Choose **B** OR **C**    Tuesday **A** or **B**    Thursday **B** or **D**    Friday **B** or **E**

<b>A: YOGURT CUP</b>	<b>B: WHOLE GRAIN CEREAL</b>	<b>C: WRAPPED MUFFIN</b>	<b>D: LENDERS WG BAGEL</b>
* Triple Cherry * Raspberry * Strawberry/Banana & GRAHAM CRACKERS	*Fruity Cheerios * Cinnamon Toast Crunch * Coco Puffs  & CHEESE STICK	* Strawberry Banana * Chocolate Chip  & CHEESE STICK	CREAM CHEESE <b>E: WG POPTART</b>  & CHEESE STICK

Fresh Fruit Offered Daily, Fruit Juice Offered on Tuesday and Thursday - Milk Choice Daily

**February 2019 SCHOOL LUNCH MENU K-6**

Fat Free flavored		White		Chocolate	Strawberry		
or unflavored; 1% or less unflavored		Portion in fl.oz.	8 fl oz.	8 fl oz.	8 fl oz.	8 fl oz.	
Components	Menu Item						
Week 1	Name & Info					<b>Feb. 1</b>	
Meat/Meat Alternative						(T) Pepperoni Pizza or Cheese Pizza	
Grain						Whole Grain Crust	
Veg						Lettuce & Tomato	
Fruit						Orange	
Condiments							Parm Cheese
							Hot Sauce
			<b>Feb. 4</b>	<b>Feb. 5</b>	<b>Feb. 6</b>	<b>Feb. 7</b>	<b>Feb. 8</b>
Meat/Meat Alternative		Chicken Tenders	Hot Dog	Hamburger	Chicken	Mixed Sub on	
Grain		WG Roll	WG Bun	WG Bun	Soft Taco	Whole Grain Roll	
Veg		Carrot Sticks	Baked Beans	Seasoned Steak Fries	Seasoned Pinto Beans	Tossed Salad	
Fruit	Banana	Strawberry Cup	Flavored Applesauce	Apple	Fruit Cup		
Condiments	Hot Sauce	Catsup	Catsup	Hot Sauce	Mustard		
	BBQ Sauce/Ranch	Mustard	LF Mayo	Picante	Mayo		

# February 2019 SCHOOL LUNCH MENU K-6

Milk Choices		Flavor	White	Chocolate	Strawberry	Other	
Two choices required. Fat Free flavored or unflavored; 1% or less unflavored		Fat content(s)	1% or fat free	fat free	fat free		
		Portion in fl.oz.	8 fl oz.	8 fl oz.	8 fl oz.	8 fl oz.	
Components	Menu Item						
Week 1	Name & Info	Feb. 11	Feb. 12	Feb. 13	Feb. 14	Feb. 15	
Meat/Meat Alternative		Chicken Fajita	Garlic & Cheese	Pillsbury Soft Filled Breakfast Bar	Grilled Cheese	Mini Cheeseburger	
Grain		WG Tortilla	Rippers	Chicken Sausage Patty	Tomato Soup	Sliders	
Veg		Romaine and Tomato Salad	Broccoli	Celery Sticks		Carrot Sticks	
Fruit		Orange	Banana	Mixed Berry Cup	Fruit Cocktail	Apple	
Condiments		Picante Sauce	Ranch	Ranch	Catsup	Ranch	
		Hot Sauce	Hot Sauce		Hot Sauce	Catsup/Mustard	
			Feb. 18	Feb. 19	Feb. 20	Feb. 21	Feb. 22
Meat/Meat Alternative							
Grain		<b>No School</b>					
Veg		<b>Mid-Winter Recess</b>					
Fruit							
Condiments							
		Feb. 25	Feb. 26	Feb. 27	Feb. 28		
<b>Alternate Sandwiches Offered:</b>		Chili w/Beef	Meatballs Sub	Blueberry Filled	Chicken Tenders		
	Cheese, Peanut butter & Jelly	Garlic Bread	Tomato Sauce	Pancakes	WG Roll		
		Celery Sticks	Spinach Salad	Tater Tots	Carrot Sticks		
		Fruit Cup	Pear	Apple Sauce	Banana		
		Ranch	Parm Cheese	Catsup	Hot Sauce		
					Catsup/BBQ		